

Mindset Mastery Workbook

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the truth. Once the truth is known, we can begin to willfully choose to believe it, and intentionally plant it in our hearts. What is sown and watered shall grow and produce fruit.

Proverbs 23:7 says as a man thinketh, so is he. Your thoughts have shaped your world. Selah. Yes, that is something to ponder and think on to see where exactly those thoughts came from. The word of God has to be the truth for the believer. Everything contrary must be considered false news and an assault against your mind. Thankfully, we can reprogram our minds and begin to align with what is written in scriptures. Our decisions can be made according to the word, and we can yield and allow the Holy Spirit to bring transformation from the inside out.

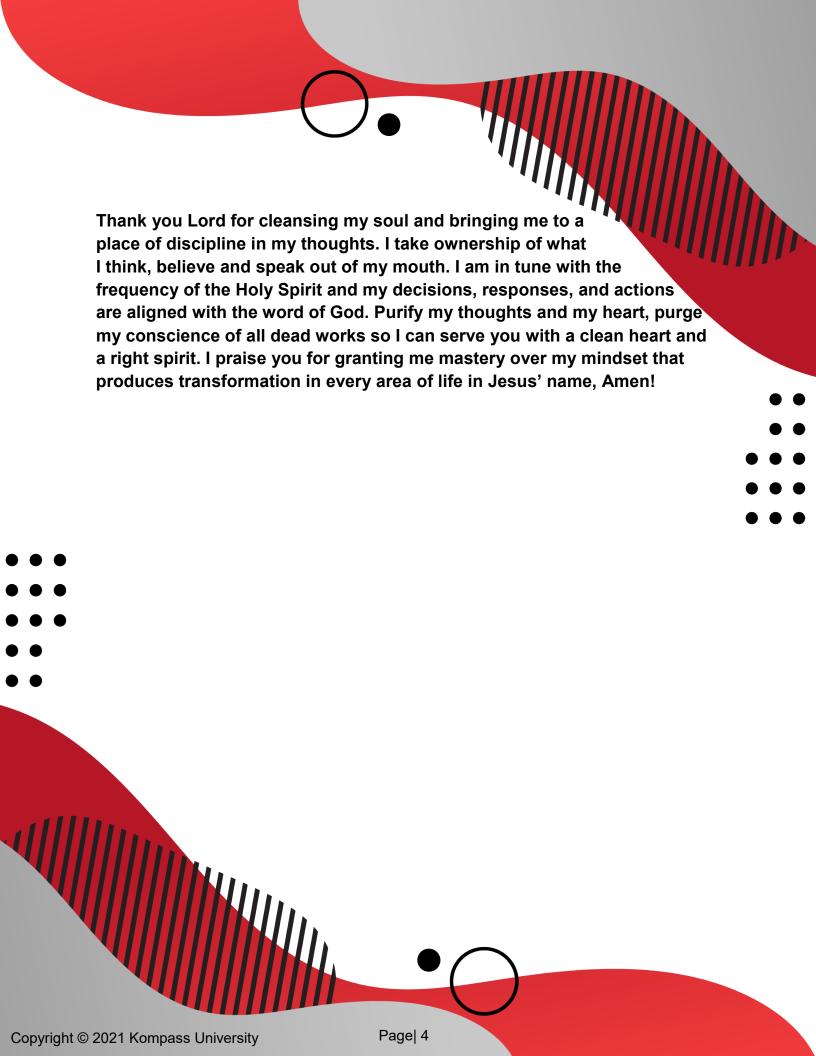


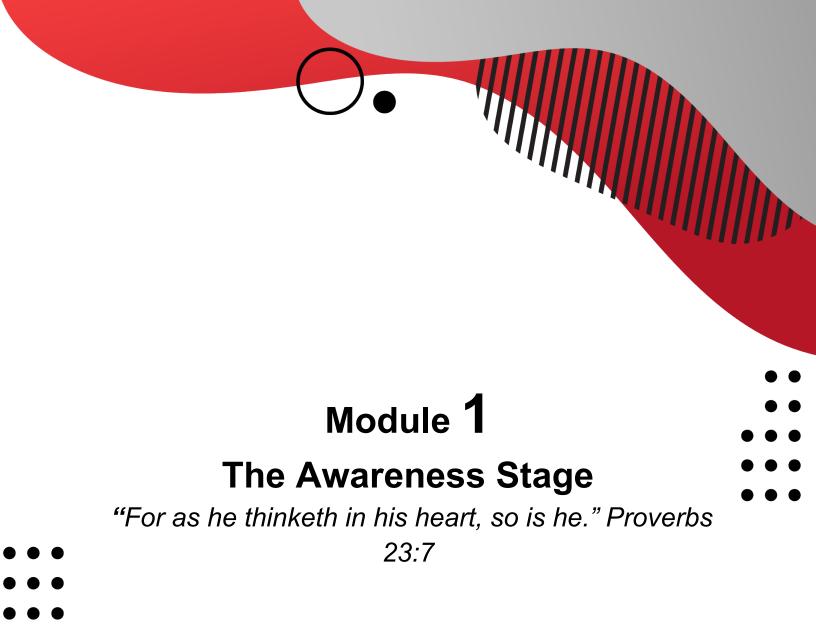


Father, thank you for giving me mastery over my mind. I take authority over my thinking today and yield to you to lead and guide me as you bring me to a place of awareness. I commit to your process of mind renewal and I will not be conformed to this world but transformed by the renewing of my mind. I know that my thinking has been shaped through various channels, so Lord, I am surrendering to you to expose every tree that hasn't been planted by you and replace it with the image and likeness of God.

Lord, I make a willful decision to align my thoughts with the word of God. I declare that every thought is measured against the word and I bring my thoughts up to the standard of the scriptures. I choose to think on things that are honest, pure, lovely, and of good report. I cast down imaginations and every high thing that tries to exalt itself against the knowledge of God, and bring into captivity every thought to the obedience of Christ.

I bind and command the immediate eradication of every wrong paradigm, strongholds, false doctrine, erroneous teachings, deception, confusion, witchcraft, divination, sorcery and all mind control in Jesus name. I release the mind of Jesus Christ, the Spirit of Truth, the anointing of God to destroy every yoke and lift every burden, I plead the blood of Jesus and thank you for deliverance from every affliction of the enemy against my mind.







Proverbs 23:7

Welcome to The Awareness Stage of Mindset Mastery. In this stage it is critical that you understand what your thoughts are in certain areas of life.

Take time to evaluate the current state of your life and that will give you what you actually believe. Write out what you currently believe about each topic listed below, not what you desire to believe. It may be a difficult fact to swallow, but becoming aware of where you are is key at this stage.

Acknowledging what is your current reality, taking total ownership of it and making a decision to seek out the truth positions you to shift your mind and change your world.



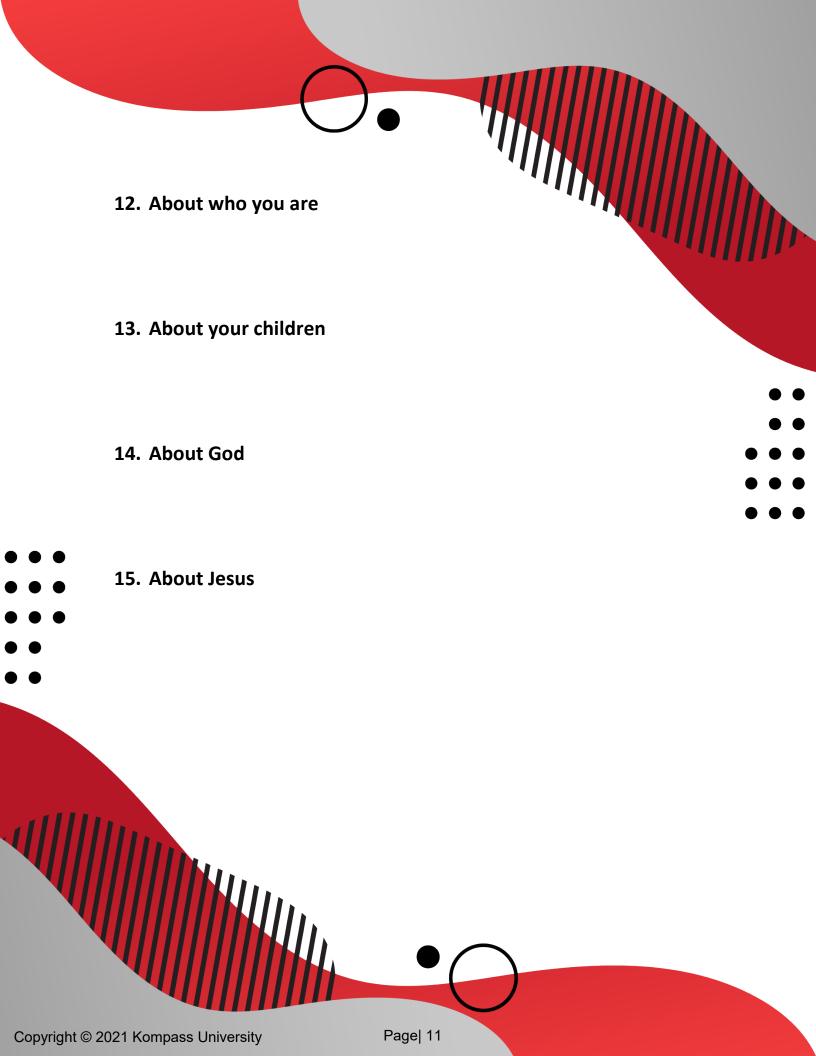


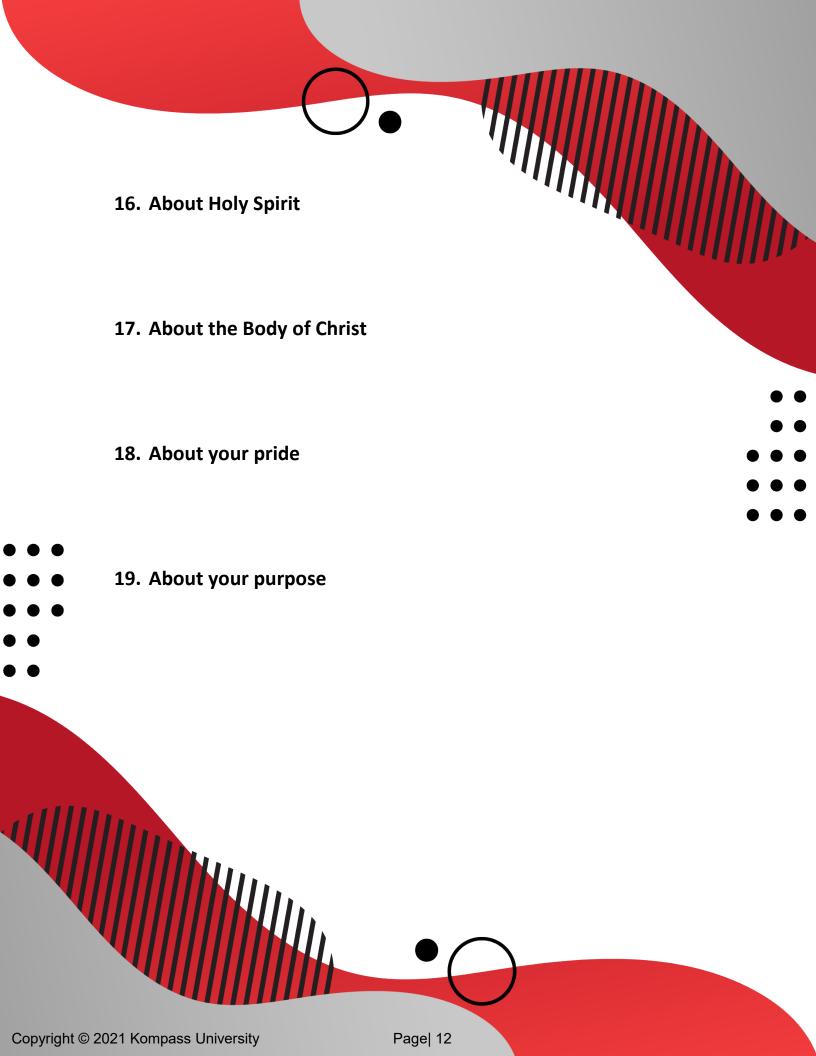
What do you currently think?

- 1. About yourself
- 2. About your future
- 3. About your health































Mindset Mastery The Awareness Stage

"For as he thinketh in his heart, so is he."

Proverbs 23:7

What is written (the truth)?

1. About yourself

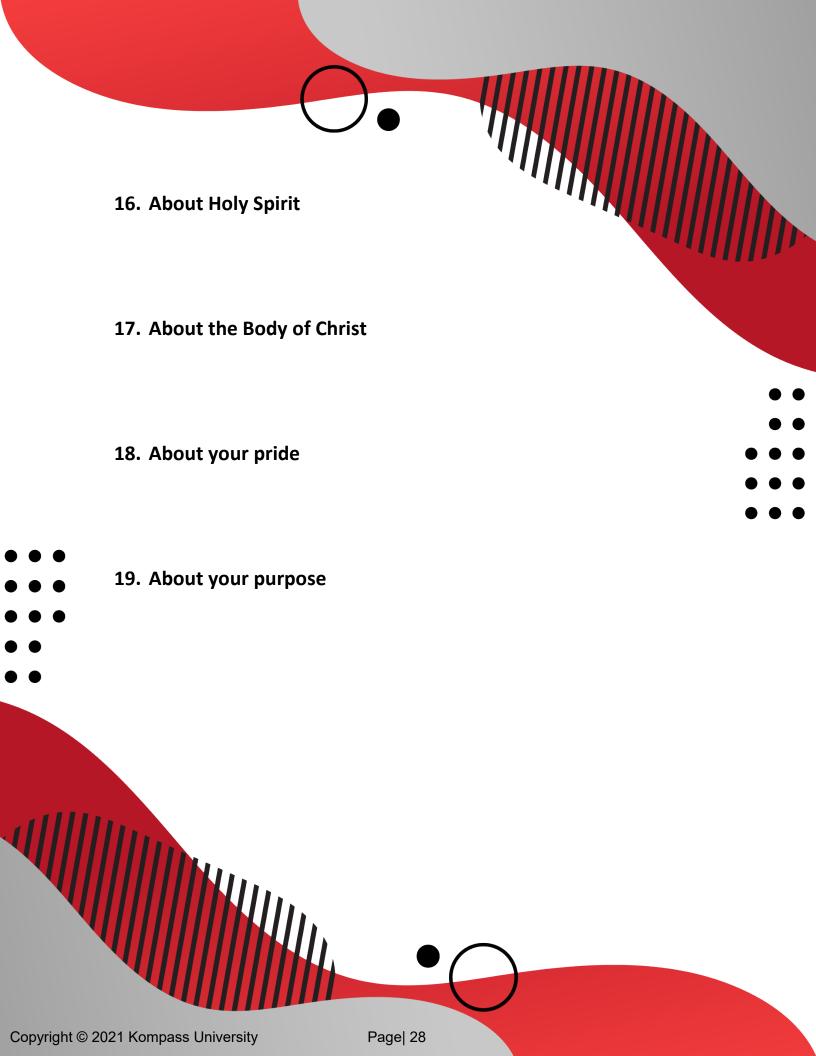
2. About your future

3. About your health





















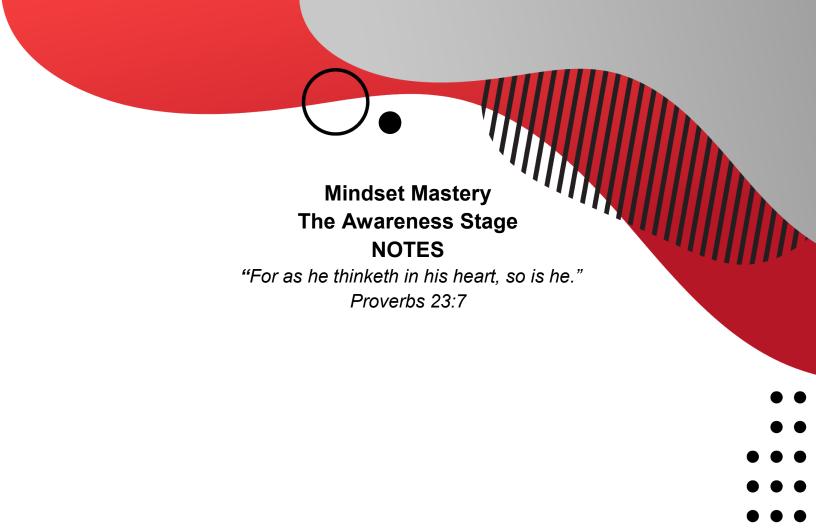


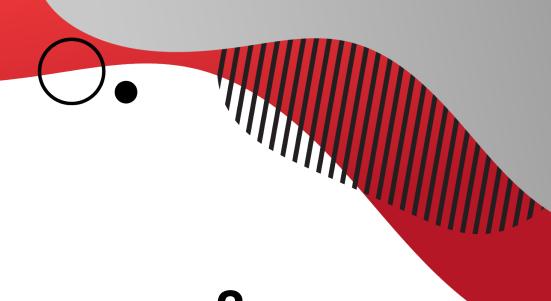












MODULE 2 THE BIBLICAL MEDITATION STAGE

"This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success."

Joshua 1-8

Mindset Mastery Biblical Meditation Stage

"This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success."

Joshua 1-8

Welcome to the Biblical Meditation Stage. Biblical meditation is the way to truly renew your mind to God's word. This process cannot be avoided and there are no shortcuts. You must plant the word in your heart daily watering, thinking on it consistently throughout the day, practicing and applying it and deciding to make it a lifestyle.

Dr. Tiffany will share strategies that she uses to bring her thoughts in alignment with the word of God that have changed her life for the better-to the glory of God. She will teach you how to create your world and not blame anyone else, but you take ownership as you begin to think like God and get God's results in every area of life.





"This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success."

Joshua 1-8

Write out the areas and scriptures you will begin to meditate. You can use the ones from the awareness stage. Meditating and memorizing scriptures has to become a daily habit.

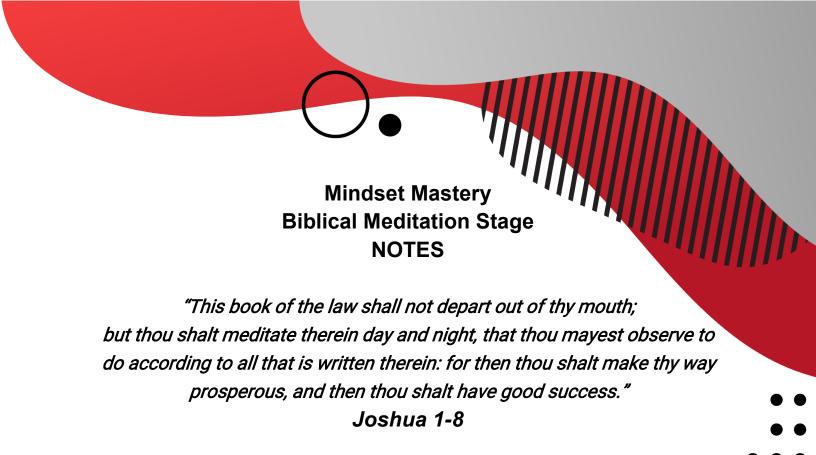
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Mindset Mastery Biblical Meditation Stage

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Joshua 1-8

- 1. Mutter God's Word
- 2. Speak Aloud God's Word
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- ● 3. Mutter God's Word
- •
- 4. Pray God's Word





MODULE 3 MIND RENEWAL PROCESS STAGE

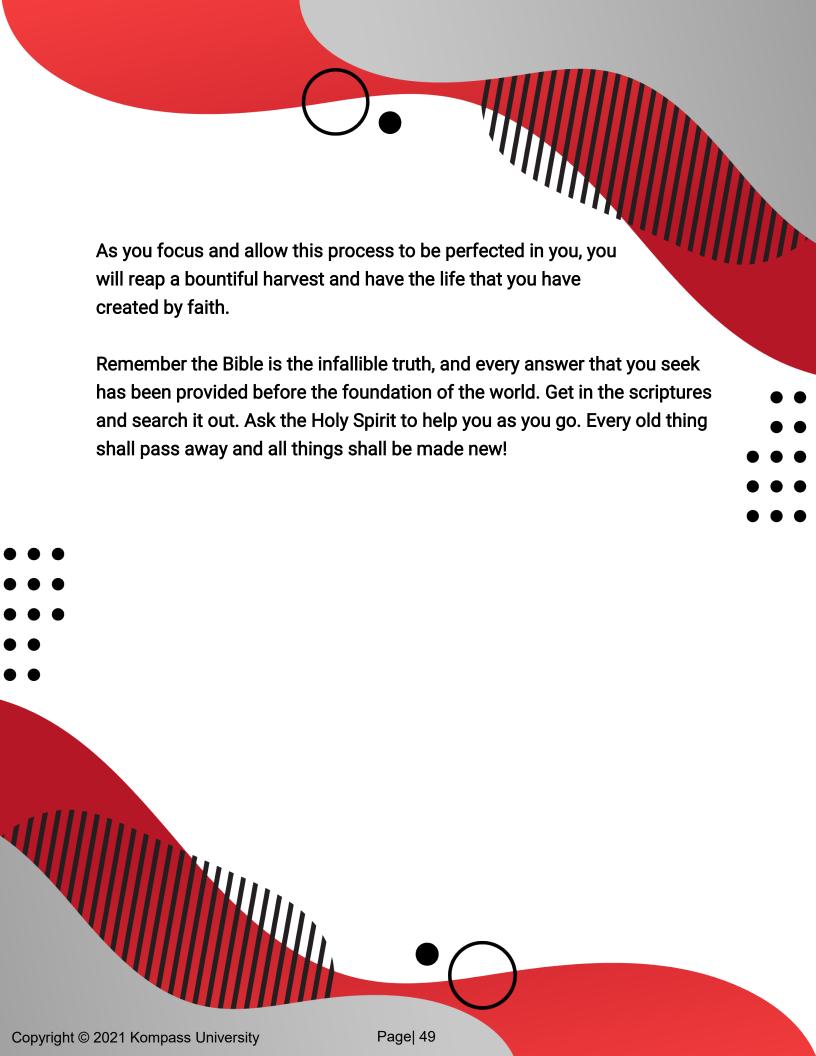
"And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God." Romans 12:2

Mindset Mastery Mind Renewal Process Stage

"And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God." Romans 12:2

Welcome to the Mind Renewal Process Stage. In this stage you must be intentional about everything you take in through your ear gates, and eye gates and even what you release out of your mouth. This is where discipline is created through application of the principles that are clearly outlined in the word of God and in the previous stages.

No more being slack and allowing thoughts to come into your mind and linger. Not another moment of randomly speaking in jest things you know you don't want to manifest. In this stage you cancel those thoughts and replace them with the truth of God's word immediately. You plant what you desire to grow and become a production center of the promises of God.





"And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God." Romans 12:2

THE FLOW OF THE PROCESS

THINK: Mind

Proverbs 23:7

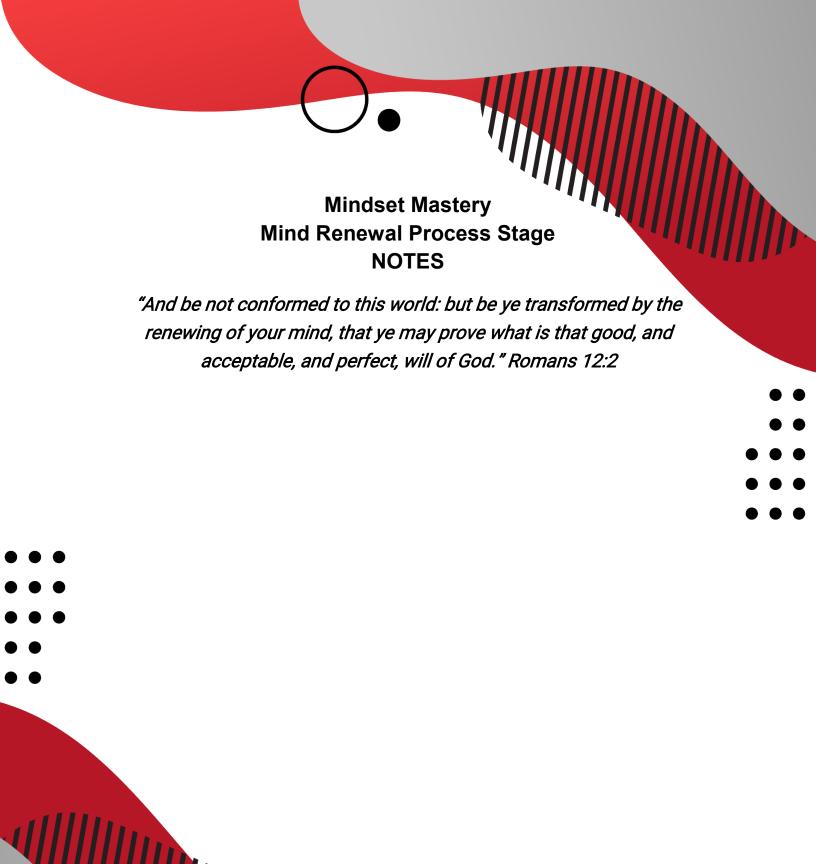
BELIEVE: Heart

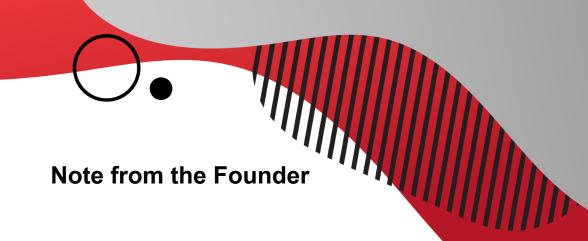
• Mark 9:23

RECEIVE: Divine Acceptance of Truth

Mark 11:24







Now that you have gone through this 3 part series I'm sure you see the importance of governing your thoughts. Kompass University offers a community that provides discipleship, coaching and mentorship. Dr. Tiffany walks with you and does not leave you stranded. If you are willing, she will go the distance with you.

We are here to support you as you grow and develop as God's ambassador. The KU environment is a safe place to deal with unresolved matters and get you to the place of walking in total freedom, so you can become the best version of you. The accountability and strength that comes from our members and team will be a tremendous blessing to and those that are connected to you.

We believe that God has a plan for your life and a purpose that is intended to save many lives and advance His Kingdom.

To learn more visit:

www.kompassuniversity.com

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